



SA LEVELS 2 & 3 REGIONAL AGE GROUP CHAMPIONSHIPS

SASOLBURG 23 – 26th MARCH 2017

The Sasolburg Swimming Club extends a very warm welcome to all participating Clubs, coaches, officials and supporters to the Penny Heyns Swimming Pool.

We look forward to 4 days of exciting swimming competition.

Please note the following important information :

This competition will be run simultaneously.

PROPOSED PROGRAM OF EVENTS :

Day 1 – Level 3 400m Freestyle Timed Finals 17h00

Day 2, 3 & 4 AM Level 2 Heats 08h00 – 10h30 (depending on the number of entries)

AM Level 3 Heats 11h00 – 13h30 (depending on the number of entries)

Day 2, 3 & 4 PM Level 2 Finals 14h00 – 16h30

PM Level 3 Finals 17h00 – 19h30

Day 2, 3 & 4 For both Levels, 2 & 3, warm-up will be at 07h00 in both the main pool and the diving Pool.

The Diving pool may be used for warm-up and swim down throughout the day.

Lane 1 and 10 will be allocated for starts only from both ends.

MANAGERS' MEETING :

- **The Managers' meeting will take place on the 23rd March at 16h00, just prior to the commencement of the 400m Freestyle.**
- **The venue will be in the Officials' Marquee at the pool.**
- **All late entries and withdrawals must be submitted at this meeting.**
- **Withdrawals from the 400m Freestyle (timed finals) – Batch of SSA will notify you of the date.**

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HEATS AND FINALS :

- *The 400m Freestyle events (timed finals) will be swum on the Thursday 23rd March starting at 17 h00.*
- *Heats will commence as above.*
- *The opening ceremony will take place on Friday 24th March at 16h30*
- *There will be no March Past due the busy program.*
- *Team Managers are requested to ensure that all their competitors behave in a respectful manner during the speeches and the singing of the National Anthem.*

ADMISSION TO THE POOL :

- *Gates will open at 06h00 am.*
- *Entry to the pool for Competitors, Managers and Officials will be free of charge on presentation of their accreditation cards through GATE 2.*
- *Accreditation Cards will be available at the Managers Meeting at the pool.*
- *On 23rd March, Spectators (adults) will be charged R30-00 and scholars (non-swimmers) R15-00 per day.*
- *24th – 26th March, Spectators (adults) will be charges R50-00 and scholars (non-swimmers) R25-00 per day.*
- *There will be tournament tickets available for R130-00 for adults and R100-00 for scholars (non-swimmers) this will include entry to all heats and finals for the entire gala.*

PROGRAMMES AND RESULTS :

- *Programs and results will be for sale at the entrance and at the admin office.*
- *Each Club will receive 2 programmes per session for the Managers & Coaches.*
- *Should you require more, it will be for your own cost.*
- *Results will be displayed in the foyer at the entrance of the pool against the office window.*
- *There will be a penalty of R200-00 for a “No Show” which is immediately payable.*

OFFICIALS :

- *There will be separate marquees for Level 2 & Level 3 officials.*
- *Officials must report 1 hour in advance of the start of each session.*
- *All Technical Officials must be correctly attired: Navy Blue trousers/shorts/skirt and white shirts.*
- *We will recommend a white hat and enough sun protection for senior officials as it is an open pool.*
- *There will be a light lunch served for Level 2 & Level 3 officials of the day in the marquees behind the admin office as from 12h30 to 14h00 daily from the 24th March 2017.*

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WITHDRAWALS AND RELAY TEAMS :

- *Very Important: Level 2 Withdrawals 13H00 on the previous day.*
- *Very Important: Level 3 Withdrawals 14H00 on the previous day.*
- *NAMES FOR RELAY TEAMS MUST BE DONE BY : Level 2 : 10h30 day of relay
Level 3 : 13h00 day of the relay.*
- *All of this should be done through the Back Window of the Admin Office.*

MEDALS :

- *There will be a space allocated for medal ceremonies close to the vendors' area and medals for Level 2 will be presented while Level 3 is in process. Level 3 medals will be presented immediately after the finish of Level 3 finals.*

FIRST AID :

- *There will be First Aid personnel available on site and Doctors and Ambulance Service on call.*

TENTS AND GAZEBO'S :

- *There is a 1000 seated Grand Stand at the pool, but visitors are allowed to use gazebos on the grass embankment. No enclosed tents are permitted.*
- *Please take note that alcohol, cooking and lighting of fires within the pool grounds are strictly prohibited.*
- *No smoking is permitted on the grandstand, behind the grandstand, or around the swimmers and tents. A designated smoking area has been made behind the timekeepers up on the hill near the fencing of the pool.*

CATERING :

- *The Club will be running a Tuck-Shop – kindly support us.*
- *There will be an array of food vendors.*
- *Some Food Outlets is within walking distance from the pool.*

TOURNAMENT MERCHANDISE :

- *Tournament Shirts will be on sale.*
- *There will also be branded swimming apparel on offer.*

CAR GUARDS :

- *There will be sufficient Car Guards in the parking areas around the pool, both uniform and private guards. Please be so kind and tip the private guards as they are not paid by a company.*
- *The LOC take no responsibility for any damage to your vehicle or in the case of such be stolen.*

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ACCOMMODATION :

➤ *See List attached.*

LOCATION OF THE PENNY HEYNS SWIMMING POOL :

➤ *JOHN VOSTER DRIVE SASOLBURG : GPS Co-ordinates : 27.48'58 S – 27.49' E.*

We look forward to welcoming you all to Sasolburg.

Should you require any further details, please do not hesitate to contact me :

LINDA BARNARD – 082 781 5523.

Yours in Swimming,

JAN BARNARD

Tournament Director.

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