

Fish Eagle Swimming Club



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Swimmer Profile – James Swan

James started swimming at the age of 4, and was taught to swim by Sue Gilliver and then began to train with his Aunt Fran.

James loves his swimming and has achieved Victor Ludorum twice at Primary School and once at High School. He has swum for a school's first team since the age of 10 and is a passionate member of the Fish Eagle Swimming Club Team!

James has competed in the NKZN Short Course Champs and at the SA Level 1 Championships for a number of years now. At the 2013 SA Level 1 Regional Championships held in Newcastle, he won a gold medal for the 100m Breaststroke event!

James loves long distance swimming and has swum the Leomat numerous times. He's looking forward to this year's Leomat which is due to take place in November 2014.

In 2013 James swam his first mile at the Eland Mile in Margate, and was also part of a team relay event there. He then went on to do the Midmar Mile, where again he did an individual and a team event. He also swam the All Night Gala entering in with the KZN disability team.



James Swan at SA Level 1 Champs in 2013



James at SA Level 1 Champs 2013!



James at the 2014 Midmar Mile!



James at the NKZN LC Champs in Newcastle!

James trains three times a week, in the summer months, at Swan Swim School, with his Father and Coach, Peter Swan. James says, with a big smile, "My favourite stroke is Breaststroke. This season I would like to achieve Level 2 entry times and I want to swim the Leomat, Midmar Mile, Eland Mile, Ubeghane Mile and the All Night Swim again!"

James, you are a champ! From all of us at Fish Eagles Swimming Club, we wish you all the best for the up-coming season, and we look forward to seeing you participate in all the open water events you've set your eyes on!

Fish Eagle Swimming Club

"We Fly Thru Water"!

